

Useful Medicinal Plants having Anti-Cancerous and Anti-Tumorous Medicinal Potential of *Withania somnifera* (L.) Dunai, *Andrographis paniculata* (Burm.f.) Nees, and *Glycyrrhiza globra* (L.)

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ABSTRACT

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Cancer is the one of the dangerous disease that causes death worldwide under the current life style scenario. An study has been made to review important ASU medicinal plants which is traditionally used from last ancient time for the treatment and prevention of several harmful diseases from Southern, North east and Himalayan region of India. Several synthetic agents are used to cure the disease but they have their adverse side effects, low healing potential and associated toxicity is challenging task hence the research is going on focus to investigate the bioavailable plant derived chemotherapeutic agents. This article considered of selective 3 medical plants *Withania somnifera* (L.) Dunai, *Andrographis paniculata* (Burm.f.) Nees, and *Glycyrrhiza globra* (L.) from the India having effective anti-cancerous and anti-tumorous properties. These plants contain several anti-cancerous and anti-tumorous bio-actives constituents, secondary metabolites such as strong Withanolides and Withaferins-A, D along with a few other metabolites including Withanone and Withanosides, Steroidal lactones, Adriamycin and 5-fluorouracil in *Withania somnifera* (L.) Dunai and Andrographolide, β -Sitosterol, Stigma Sterol, Chlorophylla, 5,2-dihydroxy-7,8-dimethoxy-flavone, β -Sitosterol fatty acid ester, lupeol, Triacylglycerols in *Andrographis paniculata* (Burm.f.) Nees and Glycyrrhetic acid, 18 β -Glycyrrhetic acid, Glycyrrhizin, Anethole (3% to total volatile), Iso-flavone Glabroneol, Iso-flavone glaberidin, Licochalcone-A, licoagrochalcone in *Glycyrrhiza globra* (L.), these selective medicinal plants screening have been shown to prevent and inhibit growth of cancers and tumors growth which has confirmed in several in-vitro and in-vivo Cancer cell line studies. This study also reveals and incorporates the ethno-botany pharmacological and biological activities. Current research

provide referencial support of novel drug discovery, pharmacopial standard development and future perspectives of these selective important medicinal plants.

Keywords : Anti-cancerous, Anti-tumorous, ASU medicinal plants, bio-actives constituents, secondary metabolites, bioavailable, ethno-botany, effective biological activities

I. INTRODUCTION

The burden of cancer rose to 18.1 million new cases and 9.6 million deaths in 2018. With 36 different types, Cancer mainly affects men in the form of colorectal, liver, lung, prostate, and stomach where as in women in the form of breast, cervix, colorectal, lung, and thyroid. (Bray *et al.*, 2018). In the present life style scenario of human being, Cancer is a one of the very harmful diseases which are characterized by irregular cell proliferation. High mortality and incidence make it an important public health and economic issue which requires an effective prevention. Medicinal plants have various advantages over chemical products, because plants derived bio active compounds are more tolerant and non-toxic to the normal human cells. Already available conventional therapies for the treatment of cancer are radiotherapy and chemotherapy which have various toxicity, seriously affecting the health of the person. Therefore, an alternative method is required to develop that includes less toxic and more potent anticancer drug as compare to the drugs available in the market. Recently there has been an increased scientific interest in the study of material from plant source as an anticancer compound. Several studies have found the role of medicinal plants in prevention and treatment of cancer. (Greenwell *et al.*, 2015) The most common reason behind the cancer is lifestyle changes and their is urgent need to find a better treatment for the disease which is required. According

to World Health Organization, more than 14 million people diagnosed with cancer and 9 million died in 2013. (www.who.in) (Ray *et al.*, 2017 and WHO.2017), the cancer- causing agents (carcinogens) can be present in food and water, in the air, and in chemical and radiation due to sunlight that people are exposed to. Since epithelial cells cover the skin, line the respiratory and alimentary tracts, and metabolize ingested carcinogens, it is not surprising that over 90% of cancer occur in epithelia. More significantly a globalization of unhealthy lifestyles, particularly cigarette smoking, Tobacco using and the adoption of many features of the modern Western diet (high fat, low fibers content etc.) will increase cancer incidence. (Kainsa *et al.*, 2012; Block *et al.*, 1991) Plant are an important source of synthetic and herbal agents used in several pharmaceutical industries. Some of the prominent plant derived compound have a major role in the development of several clinically useful anticancer agents such as Vinblastine, Vincristine, teniposide and etoposide derivative, topotecan, paclitaxel (Taxol) etc. (Singh *et al.*, 2013) Taxol and Camptothecin were among the most important anti-cancer compound derived from plants available today. (Bisht *et al.*, 2011 ; Subhas *et al.*, 2007) Several synthetic or natural chemo-preventive agents are used worldwide to cure the disease. Chemically synthesized agents have their toxicity and DNA damage induction potential which prevents their uses. (Bisht *et al.*, 2011 ; Sasaki *et al.*, 2002) Because the genuine region of the serious side effects of synthetic chemo-preventive

agents, the research is going on to investigate the plant derived chemotherapeutic agents without toxicity. Bio-prospective for plants important with anti-cancer activity has been a major focus in the search for plant based cures. (Bisht *et al.*, 2011; Raskin *et al.*, 2002) Anti-neoplasm(anti-cancerous) activity is defined as effect of natural, synthetic or biological chemical agents used to reverse, suppress or prevent carcinogenic progression. (Madhuri and Pandey, 2009) Himalayan plants grown in high altitude are the rich source of various secondary metabolites such as anthraquinones, flavonoids, tannins, alkaloids as well as medicinal plants contain wide range of secondary metabolites which include flavonoids, flavones, anthocyanins, lignans, coumarins, isocatechins and catechins etc.(Roy *et al.*, 2017; Singh *et al.*,2013; Sumer J.2000) India has a rich history of using plants for health care in general (Misra *et al.*,2008) and treatment of cancer in particular with out causing toxicity (Madhuri and Pandey, 2009).Cancer has become an important Public Health Problem with over 900,000 new cases occurring every year and is one of the ten leading causes of death in India.(Misra *et al.*, 2008; Devi, 2009).Plants contain many active compounds such as alkaloids, steroids, tannins, glycosides, volatile oils, fixed oils, resins, phenols and flavonoids etc. which are deposited in their specific parts such as Whole, stems, leaves, flowers, bark, seeds, fruits, roots, etc. The beneficial medicinal effects of plant materials typically result from the combination of these secondary products.(Dai *et al.*, 2010; Tonthubthim thong *et al.*, 2001).National Cancer Institute has approximately screened 35,000 plant species for their potential anticancer activities and they have found that among them about 3,000 plant species have shown reproducible anticancer activity.(Sumner J.2000)In 1985 Farnsworth *et al.* identified 119 secondary plant metabolites which were used as drugs. Out of 255 drugs which are considered as basic and essential by the World Health Organization(WHO), 11% are obtained from plants

and a number of synthetic drugs are also obtained from natural precursors. Herbal plants based extract medicines are used worldwide in Asian, European, Chinese, Japan, Korea, Malaysian, Canadian countries for cure of human being since ancient time and has provided to human being as a miraculous powerful spirit to fight against several harmful diseases which contain medicinal potential and are highly safe and efficacious higher yielding, standard quality formulated products without showing any adverse and side effect.For thousands of years mankind is using plant source to alleviate or cure illnesses. Plants constitute a source of novel chemical compounds which are of potential use in medicine and other applications. (Ankit *et al.*, 2012; Sagar *et al.*,2020 and 2021).

Methods:The sources of scientific literature were accessed from various electronic databases such as PubMed, Google Scholar, Science Direct, and library search, studies drugs samples authenticated and confirmed of these botanical, scientific identification by our Experts botanist, pharmacognosist, Scientist and Researchers of Council research Institutes NRIUSD, Hyderabad, T.S., India & RRIUM, Chennai, T.N., India as well as DSRI, Ghaziabad, U.P., India - SMPU. & DSRU. Units under Ministry of AYUSH., Govt. of India and INMAS, (DRDO.), under ministry of Defence,New Delhi, Govt. of India Organizations associated with Librarial harmony.

1. **Asgand /Ashwagandha (*Withania somnifera* (L.)Dunal) :**

Ashwagandha has been a prized top notch adaptogenic tonic in India for 3000-4000 years.The plants contain the alkaloids withanine and somniferine, which are used to treat nervous disorders, intestinal infections and leprosy. All plant parts are used including the roots, bark, leaves, fruit and seed.

Language

Common Names

Gujarati

: Asam, Asoda, Ghodasoda

Hindi	: Asgandh
Canarese	: Amangura, Hirimaddina-gadde, Sogada-bery.
Marathi	: Asgundh, Kanchuki, Askandha
Sanskrit	: Ashvagandha, Balada, Gandhpatri, Kamrupini, Vajini
Bengali	: Ashvagandh
Punjabi	: Asgand
Tamil	: Asuragandi
Telugu	: Asvagandhi, Penneru
Urdu	: Asgand, Asgandanagaori

Habitat: It is native to arid parts of India. It is a perennial herb that reaches about to 6 ft in nature. A shrubby, semi-woody, perennial herb to 1½ m high to grassland and waste places; recorded only in Mali, Liberia and North Nigeria in the Region, but occurring more commonly across central Africa, East, North East, South central and southern Africa, and into India and South East Africa, in southern Africa the flowering time is mostly from October to June, while the fruiting time is mostly from October to July.

Description: It is a short, tender perennial herb growing 35-75 cm height. Velvet-hairy branches extend radially from a central stem. Leaves are dull green, elliptic, usually up to 10-12 cm long. The flowers are small, green and bell-shaped. Orange fruits in persistent papery sepals follow the small greenish flowers. The leaves are alternate (opposite on flowering shoots), simple, margins entire to slightly wavy, broadly ovate, obovate or oblong, 30-80 mm long and 20-50 mm broad having, 5-20 mm long petioles, 5-8 mm across, orange-red to red when ripe and enclosed by the enlarged calyx. Fruit contain numerous seeds pale brown, 2.5 mm across, ± kidney-shaped and compressed with a rough, netted surface.

In *Withania somnifera* reported and present Withanolides and Withaferins-A, D along with a few other metabolites including Withanone and

Withanosides, Steroidal lactones, Adriamycin and 5-fluorouracil etc. active phytochemical constituents marker compounds as well as these shown and confirmed Anti-Cancers (Human Cervical cancer, Human breast, CNS, lung, and Colon Skin, Cervix, prostate, Cancers), Anti-Tumor, (Skin, Brain Tumor), Anti-Carcinogenic, *In-vitro*, *In-vivo* various cells lines, Animal clinical trail studies. (detail shown in Fig.-1: a, b, c, d and Table-1, 2 & 3, Sr. NO.-1)

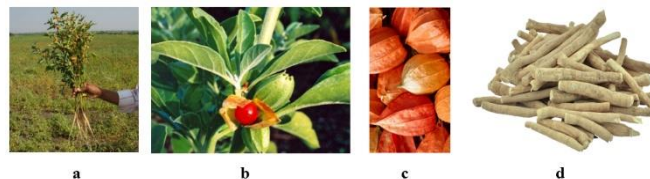


Fig.-1 : *Withania somnifera* (L.) Dunal a. fresh whole plant, b. fresh leaves with fruits part, c. fresh fruits part, d. dried roots part

2. Kalmegh, Kalamegha/ Kirayat (*Andrographis paniculate* (Burm.f.) Nees) :

An Ayurveda herb is also known as *Kalmegh* or *Kalamegha*, meaning “dark cloud”, It is also known as *Bhui-nee*, meaning “neem of the ground”.

Language	Common Names
Assamese	: Chiorta
Marathi	: Olikiryata
Bengali	: Kālmegh
Oriya	: Bhuinimba
English	: King of bitters, andrographis
Persian	: Naine-havandi
Gujarati	: Kariyatu
Sanskrit	: Kālamegha, Bhūnimba
Hindi	: Kirayat
Tamil	: Nilavembu, Sirunangai,
Siriyangai	
Malayalam	: Nilavembu, Kiriyattu

The therapeutic value of Kalmegh is due to its mechanism of action which is perhaps by enzyme induction. The plant extracts exhibits antityphoid and antifungal activities. Kalmegh is also reported to possess antihepatotoxic, antibiotic, antimalarial,

antihepatitic, antithrombogenic, antiinflammator. Other activities as liver protection under various experimental conditions of treatment with galactosamine, paracetamol etc. are also attributed to andrographolide. Andrographolide has shown inhibition of *in vitro* proliferation of different tumour cell lines, representing various types of cancers.

Habitat: The plant is native to southern, west, north east region of India and Sri Lanka, and is found in China, Thailand, India, and Pakistan and is also introduced and cultivated in the East and West Indies. It is found in a variety of habitats, such as plains, hillsides, and coastlines. It is also found in disturbed and cultivated areas such as roadsides, farms, and wastelands.

Description: The plant is erect grow to the height of 30-110 cm (12-43 in) in moist, shady places. The slender stem is dark green, squared in cross-section with longitudinal furrows and wings along the angles. The lance-shaped leaves have hairless blades measuring up to 8 cm (3.1 in) long by 2.5 cm (0.98 in). The small flowers are borne in spreading racemes. The fruit is a capsule around 2.0 cm (0.79 in) long and a few millimetres wide. It contains many yellow-brown seeds.

In *Andrographis paniculata* reported and present Andrographolide, β -Sitosterol, Stigma Sterol, Chlorophylla, 5-2-dihydroxy-7,8-dimethoxy-flavone, β -Sitosteryl fatty acid ester, lupeol, Triacylglycerols etc. active phytochemical constituents marker compounds as well as these shown and confirmed Anti-Cancers (Human Breast, Prostate, lung, liver and Colon Skin, Cancers) Anti-Tumor, (Skin, colon, liver Tumor), Anti-Carcinogenic *In-vitro*, *In-vivo* various cells lines, Animal clinical trail studies. (detail shown in Fig.-2: a,b,c,d and Table-1,2 & 3, Sr.N0.-8)

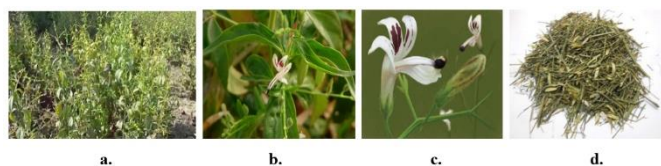


Fig.-2 : *Andrographis paniculata* (Burm. f.) Nees, a. whole plant, b.- fresh stems, leaves with flower, c.- fresh flower part, d.- dried stems, leaves, flowers part

3. Mulathi/Jethimadhand Asl-us-soos (*Glycyrrhiza glabra* L.) :

Glycyrrhiza is a genus of about 20 accepted species in the legume family (Fabaceae), with a subcosmopolitan distribution in Asia, Australia, Europe, and the Americas. The genus is best known for liquorice (British English; licorice in American English), *G. glabra*, a species native to Eurasia and North Africa, from which most confectionery liquorice is produced.

Language	Common name
Tamil	: Nuncu, vatalam, vellaikkunri, venkunri, vitakam, yastimatukam
Kannada	: Jesthamadhu, yashtimaduka
Malayalam	: Malayalam
Sanskrit	: Jalayashiti, klitaka, madhu
Urdu	: Asl-us-soos, asal-ul-sus muqqashar, asal-us-sus nim kofta
Persian	: Beikh-e-mahak, bikhe-mahak, bikhemahak, mahak, mazhn
Hindi	: Jethi-madh, jethimadh, jetimad, kuba-susa
Telugu	: Yashtimadhukam
Marathi	: Jashtimadh, jeshtamadha
English	: Licorice, liquorice
Tibetan	: Sin mnar

Habitat: The licorice root is native to Southeastern Europe and cultivated in most of Europe. It prefers the open, dry areas with rich soil. It was first harvested from the wild until it was cultivated one thousand years ago.

Description: The plant is a perennial herb, growing to 1 m in height, with pinnate leaves about 7-15 cm (2.8-5.9 in) long, with 9-17 leaflets. The flowers are 0.8-1.2 cm (1/3-1/2 in) long, purple to pale whitish blue, produced in a loose inflorescence. The fruit is an oblong pod, 2-3 cm (3/4-1 1/4 in) long, containing several seeds. The roots are stoloniferous.

In *Glycyrrhiza glabra* reported and present Glycyrrhetic acid, 18 β -Glycyrrhetic acid, Glycyrrhizin, Anethole (3% to total volatile), Iso-flavone Glabreneonl, Iso-flavone glaberidin, Licochalcone-A, licoagrochalcone etc. active phytochemical constituents marker compounds as well as these shown and confirmed Anti-Cancers (Human Breast, Prostate, and Colon ,Skin, lung, Stomach and Kidney cancer Cancers) Anti-Tumor, (Breast, Skin, Colon, Tumor), Anti-Carcinogenic *In-*

vitro, *In-vivo* various cells lines, Animal clinical trail studies. (detail shown in Fig.-3: a,b,c,d and Table-1,2 &3, Sr.NO.-9)



Fig.-3 : *Glycyrrhiza glabra* L., a. whole plant, b. fresh leaves with stems, c. fresh flower part, d. dried stem part

Table-1 : Botanical /Scientific and Local/ASU Name of study plants :

Sr. NO.	Botanical and Scientific Name	Local or ASU. Name	Reported References
01	<i>Withania somnifera</i> (L.) Dunal	Asgand or Ashwagandha	Shakya, 2016; Singh <i>et al.</i> ,2013; Umadevi <i>et al.</i> ,2012; Bisht <i>et al.</i> ,2011; Singh(b) <i>et al.</i> ,2010; Oza <i>et al.</i> ,2010; Mathur <i>et al.</i> ,2006; Padmavathi <i>et al.</i> ,2005
02	<i>Andrographis Paniculate</i> (Burm.f.)Nees	Kalmegh/ Kalamegha/Kirayat	Singh <i>et al.</i> ,2013; Bisht <i>et al.</i> ,2011; Misra <i>et al.</i> ,2008; Kumar <i>et al.</i> ,2004; Rajagopal <i>et al.</i> ,2003
03	<i>Glycyrrhiza glabra</i> (L.)	Mulathi/ Jethimadhand Asl-us-soos	<u>Ayeka</u> <i>et al.</i> ,2016; Pandian and Chidambram,2016; Miraj, 2016; Kainsa <i>et al.</i> ,2012; Hong <i>et al.</i> ,2009; Hadidy <i>et al.</i> ,2008

Table- 2 : Medicinal and Therapeutic potential, uses of studied medicinal plants:

Sr. NO.	Name of Medicinal plant	Part used	Active phytochemical constituents	Medicinal, therapeutic potential and uses
01	<i>Withania somnifera</i> (L.)Dunal	Roots	Withanolides and Withaferins-A, D along with a few other metabolites including Withanone and Withanosides, Steroidal lactones, Adriamycin and 5-fluorouracil,	<i>In-vitro</i> cell lines and <i>In-vivo</i> and pharmacological reported confirmation, Anti-Cancers (Human Cervical cancer, Human breast, CNS, lung, and Colon Skin, Cervix, prostate, Cancers), Anti-Tumor, (Skin, Brain Tumor), Anti-Carcinogenic
02	<i>Andrographis Paniculate</i> (Burm.f.) Nees	Aerial or Leaves	Andrographolide, β -Sitosterol, Stigma Sterol, Chlorophylla, 5-2-dihydroxy-7,8-dimethoxy-flavone, β -Sitosteryl fatty acid ester, lupeol, Triacylglycerols	<i>In-vitro</i> cell lines and <i>In-vivo</i> and pharmacological reported confirmation, Anti-Cancers (Human Breast, Prostate, lung, liver and Colon Skin, Cancers) Anti-Tumor, (Skin, colon, liver Tumor), Anti-Carcinogenic
03	<i>Glycyrrhiza glabra</i> (L.)	Stems & Root	Glycyrrhetic acid, 18 β -Glycyrrhetic acid, Glycyrrhizin, Anethole (3% to total volatile), Iso-flavone Glabreneonl, Iso-flavone glaberidin, Licochalcone-A, licoagrochalcone	<i>In-vitro</i> cell lines and <i>In-vivo</i> and pharmacological reported confirmation Anti-Cancers (Human Breast, Prostate, and Colon, Skin, lung, Stomach and Kidney cancer Cancers) Anti-Tumor, (breast, skin, colon, Tumor), Anti-Carcinogenic

Table -3: *In-vivo* and *In-vitro* Anticancer and Anti tumor studies selective medicinal plants :

Plant Part	Subject of Study	Effect	Reference
01. <i>Withania somnifera</i> (L.)Dunal			
Root extract of plant, Withaferin-A (Withanoides) isolated from the root	Nasopharynx, Sarcoma 180, Sarcoma Black, E0771 memory adeno, Carcinomas tumor cells	Prevention, Control and reduced significant tumor growth activity in Carcinomas	Prakash <i>et al.</i> , 2013;Devi <i>et al.</i> , 1996; Ali <i>et al.</i> , 1997;Chakarbarti <i>et al.</i> ,1974.
Aqueous root extract of plant	Exposed skin cancer causing agent 7,12-dimethyl benz(a)anthracene an induced skin cancer in mice	Prevention, Control and reduced growth of skin cancer cells, compared with standard group	Prakash <i>et al.</i> , 2013; Prakash <i>et al.</i> ,2002.
Root extract of plant, Withaferin-A (Withanoides) isolated from the root	Carcinomas cancer cells	Prevention and reduced the growth of human breast, CNS, lung, and colon cancer cells	Prakash <i>et al.</i> , 2013; Jaya <i>et al.</i> , 2003.
Aqueous root extract of plant	Urethane induced lung adenomas in adult male albino mice tumor cells	Prevention and control of growth of lung tumor cells in mice animals, compared with control standard groups	Prakash <i>et al.</i> , 2013; Singh <i>et al.</i> ,1986.
Aqueous root extract of plant	Carcinogens cancer cells in mice	Prevention and control of growth of cancer cells in treated mice animals	Prakash <i>et al.</i> , 2013; Gupta <i>et al.</i> ,2001.
Root extract of plant, Withanolides and Withaferins along with a few other metabolites including Withanone and Withanosides isolated from the root	Carcinogens cancer cells and induced of various type of cancer in mice	Prevention and control of growth of carcinogens cancer cells and various cancers in treatedmiceanimals, comparedwith control standard groups	Rai <i>et al.</i> , 2016.
Aqueous root extract of plant	Carcinomas tumor cells	Prevention, Control and reduced tumor size growth in Carcinomas	Bisht <i>et al.</i> , 2011 ; Singh <i>et al.</i> , 2010(b).

		induced tumor cells	
Aqueous root extract of plant, Withaferin-A, Withanolide- Dfound in WS root extract	Urethane induced lung tumors in adult male mice	Prevention, inhibited and reduction growth of cancer in mice, compared with control standard groups	Bisht <i>et al.</i> , 2011 ; Mathuret <i>et al.</i> , 2006.
Aqueous root extract of plant	Exposed stomach tumor causing agent benzo(a) pyrene an induced forestomach papillogenesis tumor in mice	Prevention, Inhibited and reduced incidence and multiplicity growth of tumor cells, compared with standard group	Bisht <i>et al.</i> , 2011 ;Wattenberg <i>et al.</i> , 1980.
2. <i>Andrographis paniculate</i> (Burm.f.)Nees			
Methanolic <i>Andrographolide</i> aerial part extracts of plant herb	Cancer cell lines sw 620 and a498 on Swiss Albino mice	Prevention, reduction and inhibited of growth of Cancer cells	Tariq <i>et al.</i> , 2022; Kumar <i>et al.</i> , 2004
Ethanol <i>Andrographolide</i> aerial part extracts of plant herb	HE-p2, (Human Larynx Carcinoma cells)Cancer cells, Applied MTT assay	Prevention, reduction and inhibited of growth of Cancer cells	Padmalochana <i>et al.</i> , 2017
Ethanol and Acetone extracts of leaves part of plant herb	IMR-32, (Neuroblastoma) and HT-29,(Human Colon)Cancer cells, Applied MTT assay	Prevention, Control and strongly inhibited of growth of Cancer cells	Kumar <i>et al.</i> , 2015
Ethanol extract of aerial parts of plant herb, isolated of flavonoids and labdane diterpenoids compounds	Investigated again various Cancer cells	Reduction, control and potent growth of cancer cells	Prakash <i>et al.</i> ,2013; Geethangili <i>et al.</i> , 2008
Methanol extract of aerial part of plant herb	Investigated again fractionated dichloromethane fraction applied upon	Inhibited and reduced growth of Cancer cells	Prakash <i>et al.</i> , 2013;Kumar <i>et al.</i> ,2008

	various Cancer cells		
Methanolic extract of aerial part of plant herb	Dichloromethane fraction applied upon various Cancer cells	Retained and inhibited of Cancers cells	Bisht <i>et al.</i> , 2011;Mishra <i>et al.</i> ,2007
Ethanol Andrographolide extract of aerial part of plant herb	Different tumor cells, various type of cancer cells, cell cycle arrest at G0/G1 phase	Reduced and inhibited of tumor cells and various type of Cancers cells through induction of cells cycle inhibitory protein p27, reduced expression cyclin dependent kinase 4	Bisht <i>et al.</i> , 2011;Rajagopal <i>et al.</i> ,2003
Ethanol Andrographolide extract of aerial part of plant herb	Various Cancer cells	Reduced and inhibited of Cancer cells growth, enhanced the tumor necrosis factor- α production ,increased cytotoxic activity of lymphocytes against Cancer cells	Bisht <i>et al.</i> , 2011; Kumar <i>et al.</i> ,2003
3. <i>Glycyrrhiza glabra</i> (L.)			
Aqueous extract of stem part of plant	Vero Cancer cells	Prevention and exhibited potential anticancer activity, Non toxic from high concentration in Cancer Cells	Pandion <i>et al.</i> , 2017
Ethanolic extract of stem part of plant	He La cancer cells, applied MMT assay and IC-50 values used as a standard	Inhibited, reduced and potent to kills Cancer cells growth	Gnanomoorthy <i>et al.</i> , 2017
Ethanol extract of stem part of plant	HSP 90 and HT-29 Colon Cancer cells used by trypon blue and MTT assays	Prevention, reduced and confirmed control of Cancer cells growth, highest rate of cell death as measured	Miraj S., 2016; Nourazarion <i>et al.</i> , 2015
Threespecies <i>G.glabra</i> , <i>G.uralensis</i> and <i>G.inflata</i> stems	Applied Human clinical trial of Man and Woman Cancer	Prevention and control of both three species as a most chemo	Miraj S., 2016; Dunlap <i>et al.</i> , 2015

extracts of plant	cells	preventers while <i>G.inflata</i> species higher chemo preventive of Cancer cells particularly for women's health	
Aqueous stem extract of glycyrrhiza active compound of plants species	Lig C and Lic A, Cancer cells (<i>In vivo</i> and <i>In vitro</i> studies)	Prevention, reduced and stabilized of Cancer cells growth, more potential of plant species as chemo preventive particularly for Woman as a food, dietary supplementary	Miraj S., 2016; Khan <i>et al.</i> , 2015
Stem and bark part extract of plant	MCF-7 and TCDD Cancer and tumor cells, tumor suppressor genes p53 and p27 and cell cycle related genes	Prevention, reduced and more potent effect of Cancer and tumor cells growth	Miraj S., 2016; Chu <i>et al.</i> , 2014
Chloroform, Methanol and Aqueous extract of plant	MCF-7 and Vero-Cancer cells, MTT assay, used IC-50 values, Standard 18 β -glycyrrhetic acid	Inhibited and reduced growth of Cancer cells and more potential in used plant extracts significantly increase in chloroform extract concentration	Kainsa <i>et al.</i> , 2012; Rathi <i>et al.</i> , 2009
Ethanollic extract of plant <i>G.glabra</i> novel polyphenol molecule	G2/M Cancer cells and Bcl-2 phosphorylatin tumor cells	Inhibited, reduced and stabilized of Cancer and tumor cells growth	Rafi <i>et al.</i> , 2002

II. CONCLUSION

The selective medicinal plants presented in this review article have versatile miraculous remedial, medicinal herbs properties against cancers and tumors which still require a detailed research with respect to *In-vivo* cancer cells lines studies, animal, human clinical trial models studies, research and development, drug designing of novel bioactive marker compounds.

These plants possess various bioactive marker compounds having rich source of medicinal potential anti-cancers, anti-tumors activities and It can be develop synthetically in large scale of these medicinally potent and effective compounds, Thus there is a great need in searching and manufacturing newer novel herbal extract based drugs from medicinal plants which possess remarkable anticancerous and antitumors medicinal potential

activities for surviving and curing to world public health. In the Asian countries including India, several herbs, medicinal plants were traditionally used for prevention since ancient time, cure the health and treatment of several ailments including cancers and tumors because ASU. drugs are more beneficial therapeutic medicinal potent without showing of any adverse side effects and toxicity. In the overall conclusion of view the studies drugs can be capable to provide complete assurance and prevention for curing of very dangerous and painful cancers and tumors diseases in public health aspects. This review had given some of the plants possessing authentic database anticancer and antitumor investigated and reported *In-vitro* and *In-vivo* cell lines activities. This article can help and provide referential supporting avoidance research data's others to explore herbs to future extent and its use in develop novel anticancers and antitumors herbal drug discovery, novel drug designing, development of pharmacopoeial standards research data, provably development of data's for various other related disease, toxicity studies as well as further advance pharmacological clinical trial research studies are essentially required for the further review of advance research.

III. REFERENCES

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